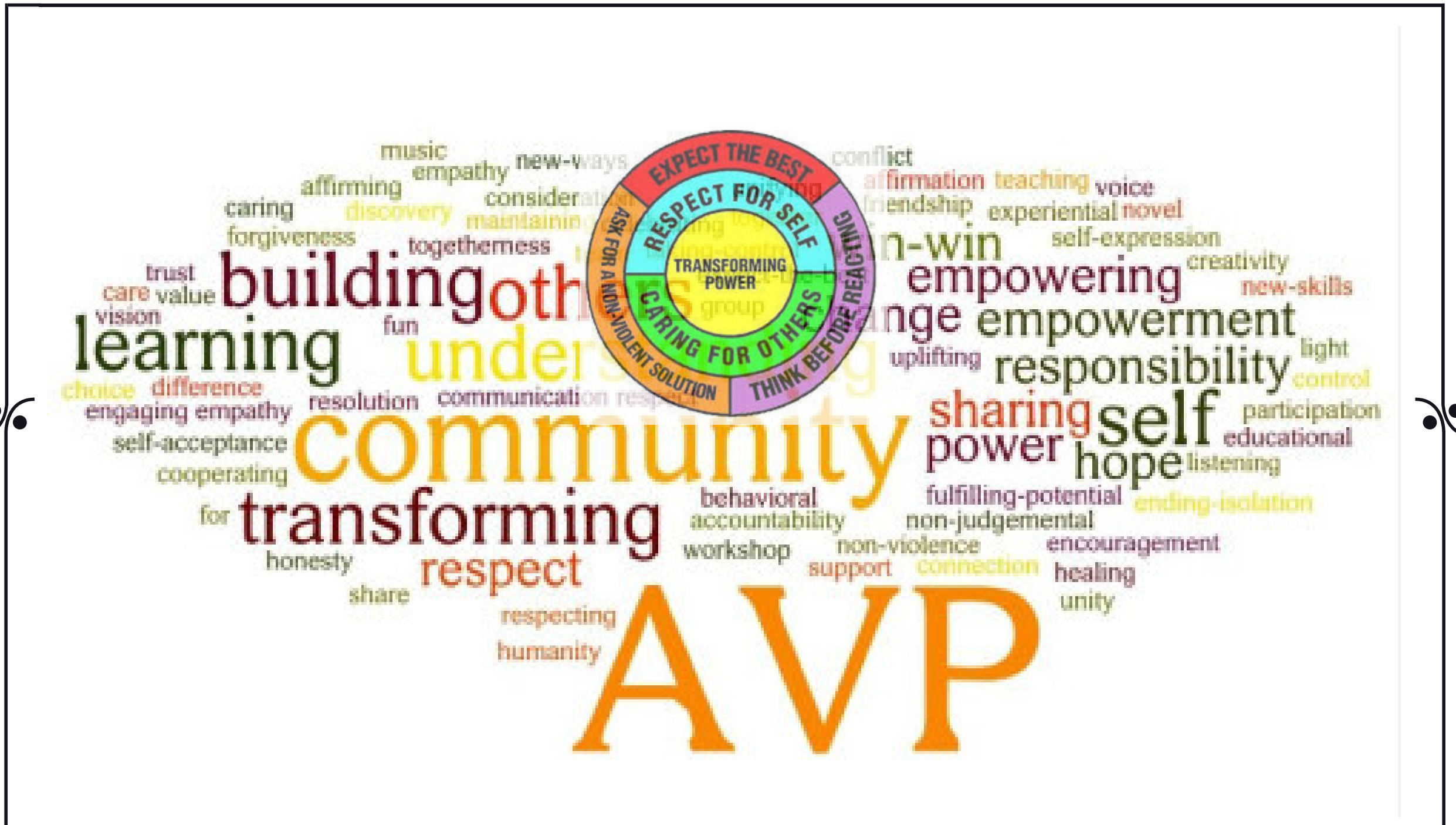




Mt. Eden Quaker Gazette

Winter 2018



Welcome to Mt. Eden Meeting for Worship. We meet from 10am – 11am on Sunday mornings (for additional meetings and activities, see overleaf). We gather in silence - open to the leadings of spirit. This may lead to vocal ministry (when someone stands to speak) or it may lead to a silent meeting for worship. Rather than having one Minister or Pastor, Quakers believe that there is that of God in each of us and that in the gathered silence, any of us may feel the call to speak.

From 11-11:15 we have announcements and notices, and this is followed by morning tea and hospitality – please feel welcome to participate.
Children’s Meeting and Programme for Young People: 10am -11:15am in the Annex (the building behind this one). For more details, please see overleaf



Regular Events at Mt Eden Meeting

First Saturday of the Month
(Except 'long' weekends when
moves to second Saturday) 5—
7PM at the home of a Friend.

Social event for families and
F/ friends. Charlotte 0273756143,
or charlimaar@gmail.com

Every Wednesday, 10:30am in
Friends Centre

Discussion group followed by
Meeting for Worship at 11:30 am,
followed by a shared lunch at 12:00

Every second Thursday, 7:30pm in
Friends Centre

Discussion group and worship.
Alternates with the woman's group.

Walking Group

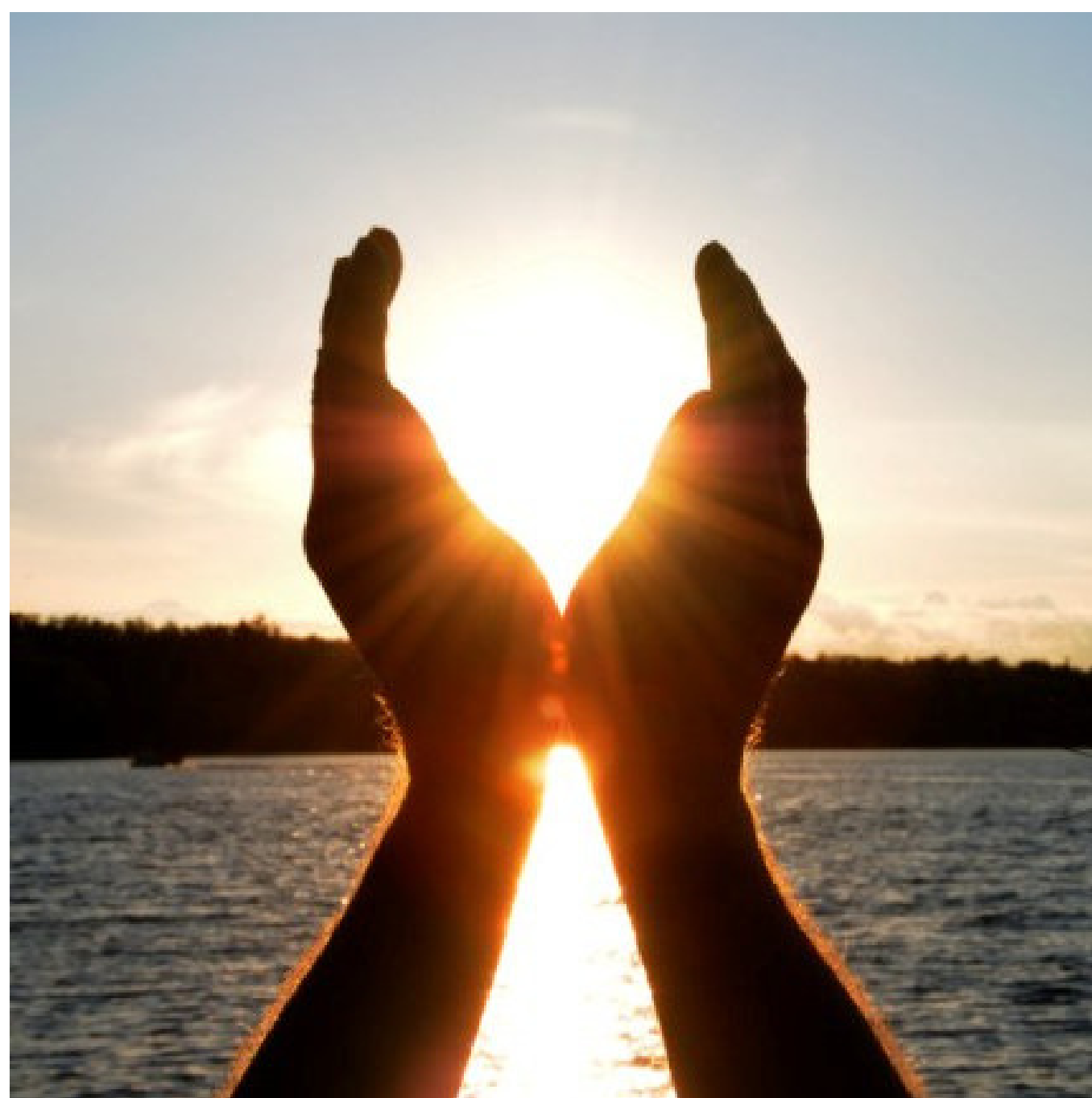
Meet at Friends Centre 9.30am
each. Tuesday for a walk and
morning tea.

Woman's Group

Approximately fortnightly on a
Thursday at 7:00pm in the Friend
Centre lounge. Contact Barbara
Ph 09 836 5576

Prayer Support Group

9:00am 4th Sundays February to
November in Friends Centre.



Special Feature

Alternatives to Violence Project (AVP) Creating Peaceful Pathways

AVP was initiated by US Quakers in 1975, in response to requests for help from prison inmates in New York. It is now an international movement involved not only in prisons, but also in communities, high-conflict areas, and schools world-wide.

The era we live in is characterised by violence, which is embedded in our institutions, values and entertainment. Some are more affected than others but there is no one that does not get hurt by this or share a capacity for violence in themselves.

- In AVP workshops we experience a power that transforms hostility and destructiveness into co-operation and community
- We experience this power everywhere – in us as well as in our opponents
- When we ‘tune into’ this power it enables us and our opponents to regain our birthright of peace and dignity
- We know that the dynamics of tuning into this power can be learned

AVP workshops are experiential and participants learn through sharing experiences, exercises, games and role-plays rather than through lectures. The facilitators do not bring direct answers but instead seek to encourage access to the creative solutions that lie within those participating. Each workshop aims to develop a sense of community based on respect for all the people in the group.

There are three workshop levels: Level 1 introduces the AVP concepts which build self-esteem and improve skills in communication, co-operation and handling conflict. Level 2 looks at a topic in detail that is chosen by the group, and focusses on the underlying causes of violence, such as fear and powerlessness. Level 3 involves training to be an AVP facilitator.

The cumulative experience of many workshop participants is a demonstration that there is such a thing as Transforming Power. That we have the potential for change. That we are not powerless. What happens at AVP workshops is considered confidential. All facilitators are volunteers. To contact the AVP groups here in Auckland use avpauck@gmail.com



Calendar of Upcoming Events

These events occur in Winter 2018 in addition to the regular events over the page

**5pm
onwards Sat
7 July**

Matariki Celebration Family Gathering

The celebration will include an early evening Matariki banquet (shared meal), a Friendly Concert at Mt Eden Meeting House, and kite flying on Maungawhau (Mt Eden).

**11:30am
Sun 15 July**

Erica Hailstone will share her play and a discussion will follow. Volunteers will be needed to help read the play.
Mt Eden Meeting House

**11:20am
Sun 22 July**

Keith Reeves will present his experiences in Palestine. as part of the **Ecumenical Accompaniment Programme in Palestine and Israel**. Their teams monitored interactions between the peoples of Palestine and Israel. Followed by a shared meal. Mt Eden Meeting House

**10am-3pm
Sat 4 Aug**

Card Making Bring glue sticks and scissors plus any pictures to decorate greeting cards to be used by the Meeting. There will be a shared lunch. Cards and envelopes supplied.
Mt Eden Meeting House

**11:30am
Sun 5 Aug**

Monthly Meeting for Business, North Shore meeting room above Takapuna Library

**9am -5pm
Sat & Sun
11-12
August**

AVP (Alternatives to Violence) Basic Workshop: Creating Peaceful Pathways

a weekend of building community. Become more aware of how you communicate and strengthen your skills in leadership, community development and conflict resolution. For enquiries or to register contact AVP Auckland: avpauck@gmail.com
Phone: (09) 638 8662 Mt. Eden Meeting House



Calendar of Upcoming Events Continued

***11:30 Sun
19 August***

Rosie Remmerswaal to talk about at the **International Training for Peace in Indonesia**
Mt. Eden Meeting House

***9:30am-
4:40pm Sat
25 August***

Couple Enrichment Workshop. Take time out with your partner for a joyful retreat in which we celebrate strengths of our relationships and explore the spiritual practices and practical skills involved in nurturing them. This free workshop will be held in the Rainbow Room at the Mt. Eden Friends Centre Annex. All welcome. To enrol, or for more info, contact Mike and Marsha as soon as possible at res.friends.ak@gmail.com.

***6pm Thurs
- 2.30pm
Monday 13-
17 Sept***

Second Gathering for Spiritual Nurture Programme
Mt. Eden Meeting House



Young People

Children's Meeting

All children are welcome to stay with their parents in the Meeting Room during meeting for worship, if that suits them. There is also a Children's Meeting for those aged 10 and younger. While we say it starts at 10 am, in reality it is helpful for parents to bring their children to the Annex (which is located in the grounds of the Meeting House), a few minutes prior to 10 am so that parents may come into meeting for worship on time. Children are brought into the Meeting for Worship for the final 10-15 minutes before 'the rise of Meeting' at 11 am. Parents are responsible for their own children from that point. Contact person for the Children's Meeting is Sue Stover (stoverwatts@gmail.com).

Young people

All young people are welcome to participate in the Meeting for Worship. In addition, there is a monthly gathering of those aged 10 years or older. Nicknamed the '10 and ups', this group – which also includes parents and other interested adults – meets at 9 am on 3rd Sundays at a local café (currently the Gala Café, 23 Edwin St, Mt. Eden), and then moves by 10 am to the Mt Eden Meeting House for meeting for worship, as well as a time of reflection/discussion. Contact person for 10+ group is Joel Hildebrandt (senorjoel@gmail.com).



National events

There are gatherings for young people occurring nationally including camps for Junior Young Friends (13-16 year olds) and Young Friends (16 years and up). There are also national family-friendly gatherings including Summer Gathering (which happens over New Years each year), and events at the Whanganui Friends Settlement. For more details about activities for families, children and young people, speak to a member of the Pastoral and Spiritual Care Committee (who will be pointed out at the end of Meeting for Worship), contact the Friends Centre on 09 630 6834, or email the contact people noted below.

Contact People

Children's Coordinator (Sue Stover)	stoverwatts@gmail.com
Ten and Up Coordinator (Joel Hildebrandt)	senorjoel@gmail.com
Junior Young Friends Coordination Team	jyf@quaker.org.nz
Friends Centre (Resident Friends)	AK.friendscentre@quaker.org.nz

